



Tactical Combat Casualty Care Performance Improvement



02 June 2014



Sources of TCCC Opportunities to Improve:

- **Reports from Joint Trauma System (JTS) weekly Trauma Telecons - every Thursday morning**
 - **Worldwide telecon to discuss every serious casualty admitted to a Role 3 hospital from that week**
- **Published medical reports**
- **Armed Forces Medical Examiner's System**
- **Theater AARs**
- **Feedback from doctors, nurses, PAs, corpsmen, medics**





The Forgotten Tourniquet



The Forgotten Tourniquet

- There was a recent adverse outcome from a tourniquet that was left in place for approximately 8 hours.
- Be aggressive about putting tourniquets on in Care Under Fire for any life-threatening extremity hemorrhage BUT
- **Reassess the casualty in Tactical Field Care - remove it if it is not needed unless the casualty is in shock.**
- **Always re-evaluate tourniquets at two hours and remove if possible.**



Tourniquet Mistakes to Avoid!

- Not using a tourniquet when you should
- Using a tourniquet for minimal bleeding
- **Leaving the TQ too high--if placed "high and tight" during Care Under Fire, move to just above the wound during TFC**
- Not taking it off when indicated during TFC
- Taking TQ off when the casualty is in shock or has only a short transport time to the hospital
- Not making it tight enough - the tourniquet should both stop the bleeding and eliminate the distal pulse if the distal extremity is intact
- Not using a **second tourniquet** if needed
- **Waiting too long to put the tourniquet on**
- Periodically loosening the tourniquet to allow blood flow to the injured extremity



Opioid Analgesics for Casualties in Shock



NO Opioid Analgesia for Casualties in Shock

- **Narcotics** (morphine and fentanyl) are **CONTRAINDICATED** for casualties who are in shock or who are likely to go into shock; these agents may worsen their shock and increase the risk of death
- Four casualties in two successive weekly telecons were noted to have received narcotics and were in shock during transport or on admission to the MTFs
- **Use ketamine for casualties who are in shock or at risk of going into shock but are still having significant pain**





Untreated Pain on the Battlefield

Jul 2013- Feb 2014

N= 191 casualties

Prior to MEDEVAC

Amputations

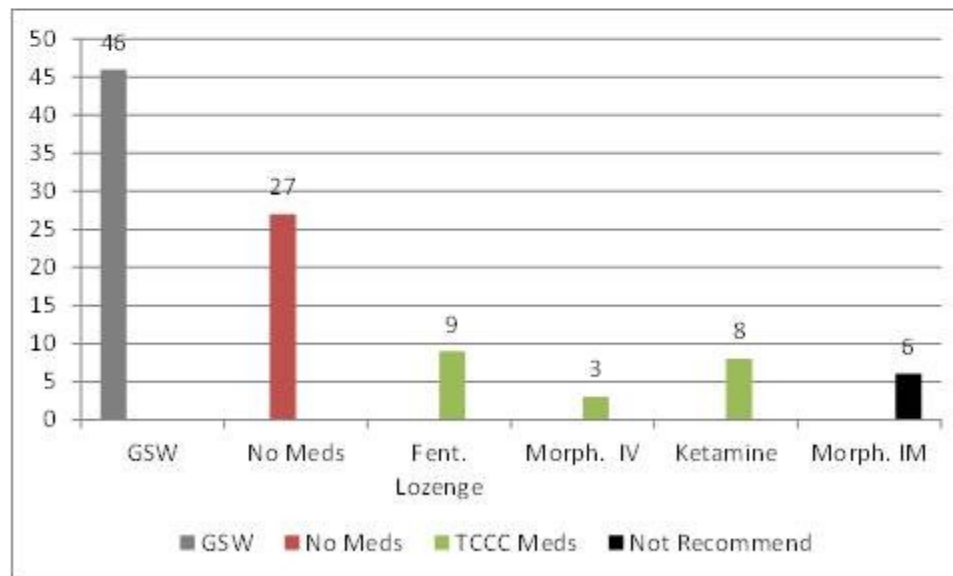
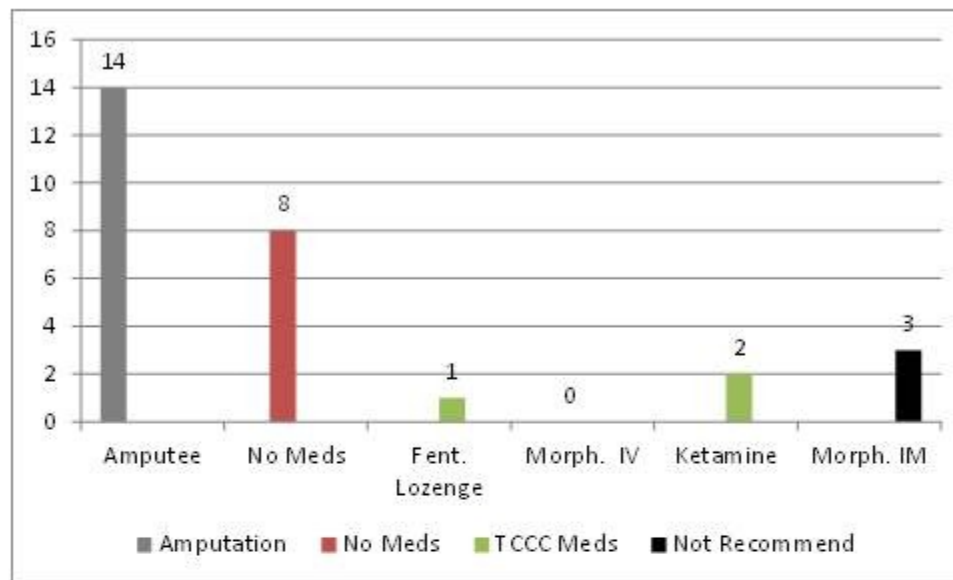
57% no pain meds

- *Slide courtesy of MAJ John Robinson*
- *Data from JTS/JTTS*

TCCC AARs and PHTR

GSW

59% no pain meds



****As of Dec 2013, 92% of line medics in USFOR-Afghanistan carry Morphine auto-injectors**



Case Report

- **Male casualty with GSW to thigh**
- **Bleeding controlled by tourniquet**
- **In shock - alert but hypotensive**
- **Severe pain from tourniquet**
- **Repeated pleas to PA to remove the tourniquet**
- **PA did not want to use opioids because of the shock**
- **Perfect candidate for ketamine analgesia**
- **Ketamine not fielded at the time with this unit**



Opioid Analgesics Given in Combination with Benzodiazepines



Warning: Opioids and Benzos

- Ketamine can safely be given after a fentanyl lozenge
- Some practitioners use benzodiazepine medication such as midazolam to attenuate ketamine side effects **BUT**
- **Midazolam may cause respiratory depression, especially when used with opioids**
- **Avoid giving midazolam to casualties who have previously gotten fentanyl**





Penetrating Eye Injuries



Penetrating Eye Trauma

- **Rigid eye shield for obvious or suspected eye wounds - often not being done - SHIELD AND SHIP!**
- **Not doing this may cause permanent loss of vision - use a shield for any injury in or around the eye**
- **Eye shields not always in IFAKs Can use eye**



Shield after injury

**o + facial
injury!**



No shield after injury



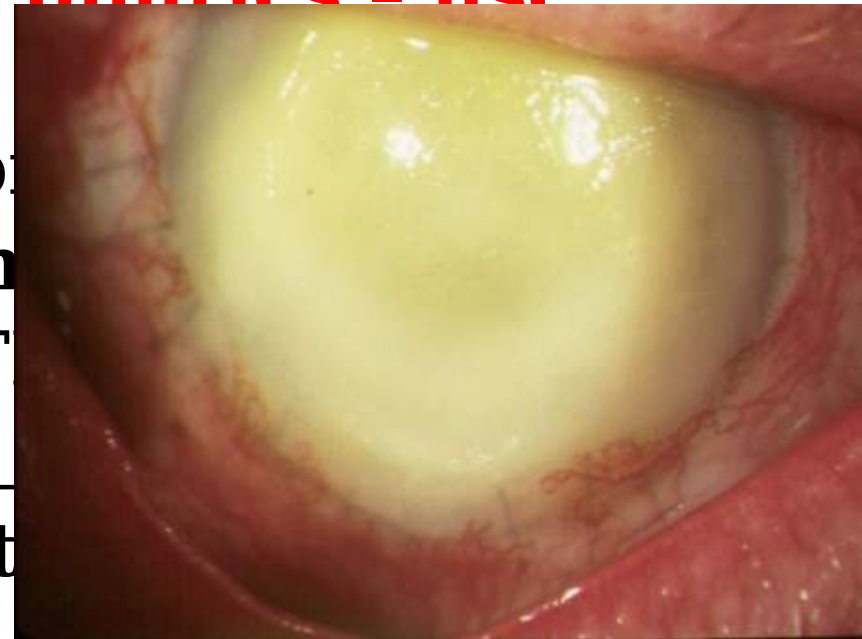
Patched Open Globe

- Shrapnel in right eye from IED
- Had rigid eye shield placed
- Reported as both pressure patched and as having a gauze pad placed under the eye shield without pressure
- Extruded uveal tissue (intraocular contents) noted at time of operative repair of globe
- **Do not place gauze on injured eyes! COL Robb Mazzoli: Gauze can adhere to iris tissue and cause further extrusion when removed even if no pressure is applied to eye.**



Antibiotics after Eye Injuries

- 2010 casualty with endophthalmitis (blinding infection inside the eye)
- **Reminder - shield and moxifloxacin in the field**
for penetrating eye injuries - use combat pill pack!
- Also -moxi, both topically and systemically, should be continued in MTC
- Many antibiotics do not penetrate well into the eye





Tension Pneumothorax



The Missed Tension Pneumothorax

Recent U.S. combat fatality was found to have died with a tension pneumothorax. Evidence of attempted needle decompression for anyone with torso trauma or polytrauma and respiratory distress - perform needle decompression when indicated. ALWAYS do bilateral NDC for a casualty with torso trauma who loses vital signs on the battlefield. This may be lifesaving



Combat Gauze



External Hemorrhage - No Combat Gauze

- **Casualty with gunshot wound in the left infraclavicular area with external hemorrhage**
- **“Progressive deterioration”**
- **External hemorrhage noted to increase as casualty resuscitated in ED**
- **No record of Combat Gauze use**
- **All injuries noted to be extrapleural**
- **Lesson learned: see following slide**



Combat Gauze



***It doesn't work if you
don't use it***



Junctional Hemorrhage



Junctional Hemorrhage

**recent U.S. combat casualty sustained a GSW
to the inguinal area
the CASEVAC platform did not have junctional
tourniquets aboard
the subsequent junctional hemorrhage was only
partially controlled with Combat Gauze
casualty went into hemorrhagic shock and had
be transfused**



IED Blast Injury

- **3 of 5 casualties had complex blast injuries**
- **All 3 with high traumatic LE amputations and reported difficulty with hemorrhage control despite tourniquet use**
- **Combat Gauze reportedly not used**
- **All 3 would have been excellent candidates for a junctional tourniquet - none were fielded with this unit**
- **All 3 casualties required massive transfusions upon arrival at the Role 2 MTF**



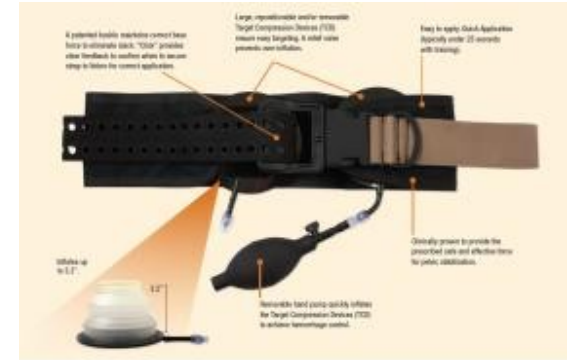
Junctional Tourniquets



**Combat Ready Clamp
Junctional Tourniquet**



JETT



Sam

***Junctional tourniquets: They
don't
work if your unit doesn't field
them***



TCCC Training



TCCC Training for ALL combatants:

**Self and buddy aid should
be part of the Warrior
Culture in all combat
units**



Eliminating Preventable Death on the Battlefield



otwal et al - Archives of Surgery 2011

l Rangers and docs trained in TCCC

S. military preventable deaths: 24%

anger preventable death incidence: 3%

most a 90% difference in preventable dea



Forces

Savage et al: Can J Surg

CONCLUSION

For the first time in decades, the CF has been involved in a war in which its members have participated in sustained combat operations and have suffered increasingly severe injuries. Despite this, the CF experienced the highest casualty survival rate in history. Though this success is multifactorial, the determination and resolve of CF leadership to develop and deliver comprehensive, multileveled TCCC packages to soldiers and medics is a significant reason for that and has unquestionably saved the lives of Canadian, Coalition and Afghan Security Forces. Further-



Train ALL Combatants in TCCC

- Service medical departments are responsible for training combat medical personnel only
- **Line commanders must take the lead to have an effective TCCC training program for *all* combatants**
- Ranger Force is the best model



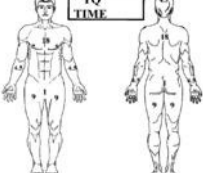


Documentation of TCCC Care



TCCC Card - Fill It Out!

TCCC Casualty Card

Front		Back				
Name/Unit _____		A: Intact Adjunct Cric Intubated				
DTG: _____ ALLERGIES: _____		B: Chest Seal NeedleD ChesTube				
Friendly _____ Unknown _____ NBC _____		C: TQ Hemostatic Packed PressureDrsg				
<div style="border: 1px solid black; padding: 2px; display: inline-block;">TQ TIME</div>		FLUIDS: IV IO				
		NS / LR 500 1000 1500				
		Hexend 500 1000				
		Other: _____				
		DRUGS (Type / Dose / Route):				
		PAIN _____				
		ABX _____				
		OTHER _____				
GSW BLAST MVA Other		_____				
TIME	<table border="1"><tr><td></td><td></td><td></td><td></td></tr></table>					_____
AVPU	<table border="1"><tr><td></td><td></td><td></td><td></td></tr></table>					_____
PULSE	<table border="1"><tr><td></td><td></td><td></td><td></td></tr></table>					_____
RESP	<table border="1"><tr><td></td><td></td><td></td><td></td></tr></table>					_____
BP	<table border="1"><tr><td></td><td></td><td></td><td></td></tr></table>					_____
<small>DA FORM 760, XXX 0000</small>		First Responder's Name _____				

- You haven't finished taking care of your casualty until this is done
- **USFOR-A FRAGO 13-39 directs the use of the TCCC Casualty Card and electronic AAR**



New TCCC Card

TACTICAL COMBAT CASUALTY CARE (TCCC) CARD

BATTLE ROSTER #: _____
EVAC: ☐ Urgent ☐ Priority ☐ Routine

NAME (Last, First): _____ LAST 4: _____
GENDER: ☐ M ☐ F DATE (DD-MMM-YY): _____ TIME: _____
SERVICE: _____ UNIT: _____ ALLERGIES: _____

Mechanism of Injury: (X all that apply)
☐ Artillery ☐ Blunt ☐ Burn ☐ Fall ☐ Grenade ☐ GSW ☐ IED
☐ Landmine ☐ MVC ☐ RPG ☐ Other: _____

Injury: (Mark injuries with an X)

TQ: R Arm
TYPE: _____
TIME: _____

TQ: L Arm
TYPE: _____
TIME: _____

TQ: R Leg
TYPE: _____
TIME: _____

TQ: L Leg
TYPE: _____
TIME: _____

Signs & Symptoms: (Fill in the blank)

Time				
Pulse (Rate & Location)				
Blood Pressure	/	/	/	/
Respiratory Rate				
Pulse Ox % O2 Sat				
AVPU	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pain Scale (0-10)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

BATTLE ROSTER #: _____
EVAC: ☐ Urgent ☐ Priority ☐ Routine

Treatments: (X all that apply, and fill in the blank) **Type**

C: TQ- ☐ Extremity ☐ Junctional ☐ Truncal
Dressing- ☐ Hemostatic ☐ Pressure ☐ Other _____

A: ☐ Intact ☐ NPA ☐ CRIC ☐ ET-Tube ☐ SGA _____

B: ☐ O2 ☐ Needle-D ☐ Chest-Tube ☐ Chest-Seal _____

C:

	Name	Volume	Route	Time
Fluid			<input type="checkbox"/>	
			<input type="checkbox"/>	
Blood Product			<input type="checkbox"/>	
			<input type="checkbox"/>	

MEDS:

	Name	Dose	Route	Time
Analgesic (e.g., Ketamine, Fentanyl, Morphine)			<input type="checkbox"/>	
			<input type="checkbox"/>	
			<input type="checkbox"/>	
Antibiotic (e.g., Moxifloxacin, Ertapenem)			<input type="checkbox"/>	
			<input type="checkbox"/>	
Other (e.g., TXA)			<input type="checkbox"/>	
			<input type="checkbox"/>	

OTHER: ☐ Combat-Pill-Pack ☐ Eye-Shield (☐ R ☐ L) ☐ Splint
☐ Hypothermia-Prevention Type: _____

NOTES:

FIRST RESPONDER
NAME (Last, First): _____ LAST 4: _____



Questions?